



HPA Vitals

Winter Break Special Edition for Seniors

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Question of the Week: Support After Graduation

Question: I am graduating this spring and I'm not applying to medical school yet, but I might do so down the road. Will HPA still be able to support me as an applicant? Is there anything I should be doing before I leave?

Answer: As you know, there is no one way to prepare for, apply to, and get into medical school. Every year, quite a few alums who graduated years ago get in touch with our office for advice and support, and we love working with them! Advising is available to all alums. We can add you to our listservs and continue to meet with you. To be eligible for a committee letter of recommendation after you graduate, you must meet our [eligibility criteria](#), which are outlined on the website.

As far as things to do before you leave, email us with your permanent email address if you'd like to remain on our alumni email list. You'll receive Vitals and will thus be able to stay abreast of anything related to future application cycles. You might also want to ask for letters of recommendation for us to hold on file for you. We are happy to hold any letters in our files for six years beyond your date of graduation. You can learn more about the process of gathering letters of recommendation on the Letters of Recommendation page of our website.

Archived Questions of the Week of Interest for Seniors

- [Why Apply to Medical School Early?](#)
- [Barriers to Medical School Acceptance](#)
- [Unforeseen Medical School Requirements](#)
- [Glide Year Activities](#)
- [Deciding Where to Apply](#)
- [Post-Baccalaureate Programs](#)

Three Things for '18s to do over Winter Break

- Tend to your current or future application to health professions school.
 - 2018 applicants: send us an update of your progress. Prepare an update that you can send along with your grades to your schools.
 - 2019 applicants: Complete and submit your Intake Form; work on your autobio, activities list and short essays.
- Continue gaining perspective about your career of interest. Shadow local professionals, reach out to alums at medical schools near you over break (email us for contact information if desired). Reach out to admissions personnel in other careers—many are happy to talk with you directly about your candidacy.
- Borrow a book or two from our library (or buy one or download from your local library to e-read) to inspire you. A few ideas (with amazon e-book links):
 - [Mountains Beyond Mountains](#)
 - [Bloodletting and Miraculous Cures](#)
 - [The Intern Blues](#)
 - [Final Exam: A Surgeon's Reflections on Mortality](#)
 - [Becoming a Doctor: A Journey of Initiation in Medical School](#)

Considering alternatives to the MD?

HPA Careers of the Month over the past year

- [Physician Scientist](#)
- [Epidemiology](#)
- [Physical Therapy](#)
- [Nursing](#)
- [Physician Assistant](#)
- [Audiology](#)
- [Dentistry](#)

HPA Sponsored Events and Announcements

HPA will be closed from December 22-25 and December 29-January 1
HPA appointments will resume on January 8, 2018
HPA Drop-In Hours will resume on January 22, 2018

Student Groups Events and Announcements

See additional [pre-health related student groups](#) on the HPA website.

[Join Princeton's Kidney Disease Screening and Awareness Program \(KDSAP\) Chapter](#)
Application deadline: December 15

Other Campus Events and Announcements

NEW [Balancing Work & Play During Winter Break](#) (courtesy of McGraw)
December 15 • 1:30pm - 3:00pm • 330 Frist Campus Center • [RSVP](#)

[Summer Opportunities Study Break](#) (courtesy of OIP)
January 10 • 10:00am - 2:00pm • Louis A. Simpson Int'l Building, Weikhart Atrium

NEW [Career and Life Vision Workshop](#) (courtesy of Career Services)
January 10 • 12:00pm - 1:30pm • Career Services Conference Room • [RSVP](#)

NEW [Making the Most of Reading Week: Planning for Dean's Date & Finals](#) (courtesy of McGraw)
January 10 • 8:30pm - 10:00pm • 329 Frist Campus Center • [RSVP](#)

NEW [Spring HireTigers Meetup and Startup Meetup](#) (courtesy of Career Services)
January 11 • 11:00am - 2:30pm • Frist Multipurpose Room

NEW [Making the Most of Reading Week: Planning for Dean's Date & Finals](#) (courtesy of McGraw)
January 12 • 8:30pm - 10:00pm • 330 Frist Campus Center • [RSVP](#)

Local Area Events and Announcements

[Latino Medical Student Association Northeast Conference](#) (Philadelphia, PA)
February 17 • 8:00am - 8:00pm • Sidney Kimmel Medical College • [RSVP](#)

Post-Graduate Job and Fellowship Opportunities

Also see [post-grad job board](#) on the HPA website.

NEW [Sports Medicine and Orthopedics: Clinical Research Opportunity at Hospital for Special Surgery](#) (New York, NY)

NEW [Clinical Research Coordinator at Penn](#) (Philadelphia, PA)
[Kuchnir Dermatology Bridge Year Program](#) (Marlborough, MA)
Application deadline: January 18

[Clinical Research Coordinator Position in Neurology at the Hospital for Special Surgery](#) (New York, NY)
Application deadline: January 10

[NIH Department of Bioethics Post-Doc/Post-Bac Fellowships](#) (Bethesda, MD)
Application deadline: January 30

[Project Horseshoe Farm Gap Year Fellowship](#) (Greensboro, AL)
Application deadline: February 10

[Graduate Research Employment Program at Mayo](#)
Application deadline: March 16

[NIH Postbac Intramural Research Training Award \(IRTA/CRTA\)](#)

[Stanford University Neuroscience New Grad Job Opening](#) (Palo Alto, CA)

[Full-time Associate Positions at Close Concerns /the diaTribe Foundation](#) (San Francisco, CA)

[Medical Assistant Position at New York Dermatology Group](#) (New York, NY)

[Post-Grad Research Opportunity at Columbia University P&S](#) (New York, NY)

Educational Opportunities

[PhD and MS in Biochemistry at Drexel University COM](#) (Philadelphia, PA)
Application deadline: December 15

[MS Computational Biology at Carnegie Mellon University](#) (Pittsburgh, PA)
Application deadline: December 15

NEW [Facebook Live: FlexMed Decoded](#)
December 19 • 12:00pm - 12:30pm • Facebook

[MS Bioethics at Columbia University School of Professional Studies](#) (New York, NY)
Application deadline: January 15

[Mt. Sinai FlexMed Early Assurance Program for Sophomores](#) (New York, NY)
Application deadline: January 15

[PhD & MS Biomedical Informatics at Stony Brook University](#) (Stony Brook, NY)
Application deadline: January 15

[Hopkins School of Nursing Open House](#) (Baltimore, MD)
January 27 • 9:00am - 12:00pm • 525 North Wolfe Street

[HMS Summer Institute in Biomedical Informatics](#) (Cambridge, MA)
Application deadline: January 31

[MS Bioethics at Washington University](#) (St. Louis, MO)
Application deadline: January 31

[PharmD: Touro College of Pharmacy](#)
Application deadline: March 1

[MS Medical Sciences in Immunology at Harvard Medical School](#) (Boston, MA)
Application deadline: *international* April 1, *domestic* June 1

[GHIC 2018: Global Health & Innovation Conference](#) (New Haven, CT)
April 14-15 • Yale University

[MS Environmental Health at Johns Hopkins](#) (Baltimore, MD)
Application deadline: April 15

[Biomedical Sciences Lab Summer School](#) (Bristol, UK)
Application deadline: April 30

[Destination Vet Summer School](#) (Bristol, UK)
Application deadline: April 30

[MS Degree Programs at Albany College of Pharmacy and Health Sciences](#) (Albany, NY)
Application deadline: *for Fall 2018* May 1

[MPAS Master of Physician Assistant Studies at Creighton University](#) (Omaha, NE)
Application deadline: September 1

The MCAT:

Additional MCAT resources on the [Standardized Test Page of the HPA website.](#)

[MCAT Essentials for Testing Year 2017](#) (pdf) (courtesy of [AAMC](#))

[Tutor the People MCAT Prep Discount and Pre-Med Scholarship](#)



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Stay "in the know" with HPA news and events, while connecting with your fellow pre-health students and alums.

www.facebook.com/princetonhpa

FINISHED WITH YOUR MCAT BOOKS? DON'T WANT THEM ANYMORE?

DON'T THROW THEM AWAY!

PLEASE DONATE THEM TO THE HPA LIBRARY FOR YOUR PEERS TO USE.

WE WELCOME MCAT AND ANY OTHER USED TEST PREP BOOKS.

THANK YOU!

Vitals is a weekly newsletter sent out to interested pre-health students, alumni, and campus collaborators. The newsletter will include campus events, internship/job postings, the Question of the Week, and other important news items. We encourage those of you involved in health-related work/organizations on campus to share information that you think will benefit pre-health students.. Please email us by Wednesday at 5pm if you would like any information included in Vitals.

To subscribe to Vitals, or if you have other questions or feedback, contact us at hpa@princeton.edu! To unsubscribe or manage your listserv subscription, go to <https://lists.princeton.edu>