Okay, so what is a “fellowship,” anyway?

In the medical world, the timeline is:

• medical school
• residency (specialty)
• fellowship (sub-specialty)
Okay, so what is a “fellowship,” anyway?

*Outside* the medical world, a *fellowship* is a *competitive*, fixed-term, mentored or independent, funded experience (for study, research, teaching, service, internship, or creative project) carried out *domestically or internationally*

Applications typically involve *essays* (personal statements and project proposals), *résumés*, *transcripts*, *letters of recommendation*, and *interviews* *(oh! rather like your applications for medical school)*
Each fellowship opportunity has its own eligibility criteria (meaning there’s probably something for everyone; remember that fellowships can be for study, research, teaching, service, internships, or creative projects).

And . . . you apply far in advance (up to one year before the experience would begin).
Fellowships “warning”

A fellowship is not a “year off”!

Instead, it’s a “year on” . . . one where you have a particular goal or goals in mind
Why should I do a fellowship?

Consider what you want to get out of your first year or two after Princeton:

• *skills* you’d like to acquire
• *experiences* you’d like to have
• *places* you’d like to visit
• *perspectives or horizons* you’d like to expand

Then *connect these elements* with your longer-term goals
How can I best prepare for a fellowship?

Take advantage of the opportunities Princeton has to offer:

- *research* experiences (on or off campus)
- *mentoring and leadership* experiences (as peer tutor or RCA; through extracurriculars)
- *international* experiences (IIP, study abroad, Global Seminars)

**HINT:** These activities will prepare you for *anything* post-Princeton!
## Fellowships continuum

<table>
<thead>
<tr>
<th>Graduate programs</th>
<th>Hybrid (or either)</th>
<th>Experiences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gates Cambridge</td>
<td>Fulbright</td>
<td>Luce</td>
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<tr>
<td>Knight-Hennessy (Stanford)</td>
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<td>“Princeton Ins”</td>
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<td>Marshall / Mitchell / Rhodes</td>
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<tr>
<td>Schwarzman / Yenching</td>
<td>gold = U.S. citizens only</td>
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<tr>
<td>Sachs Worcester*</td>
<td>Labouisse</td>
<td>Dale*</td>
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<tr>
<td>SINSI*</td>
<td>Sachs Global*</td>
<td>High Meadows*</td>
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<td>P-55</td>
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<td></td>
<td></td>
<td>ReachOut*</td>
</tr>
</tbody>
</table>

* = must apply as Princeton senior

Nationally competitive  
Princeton-only
For more information . . .

Consult the “Fellowship Advising” section of the OIP website

- Lists of opportunities
- Profiles of past recipients
- WASE calendars
- Calendar of information sessions
- Other advice

Additional questions?
Contact Dr. Gump @ gump@princeton.edu