

Write a narrative of your life, focusing on your personal and career development. This autobiographical essay serves as a warm-up for the personal statement required on the standardized application. It also gives HPA insight into the personal qualities that you will bring to your chosen profession. The content of this essay is important for writing your committee letter. It should be broader in scope than the personal statement asked for on your application, and may serve as a starting place for the more focused and concise personal statements.

Some aspects of your life that are helpful for us to know:

- your cultural and familial background
- pre-college experiences that influenced your personal and intellectual development
- intellectual pursuits, e.g., your most meaningful courses, choice of concentration, involvement in research (both the project and what you find interesting about it), independent work topic
- activities or hobbies you especially enjoy
- obstacles or challenges that you have overcome
- mentors and role models who have influenced your personal or professional development
- **how your experiences, values, and interests have led you to a career in medicine**
- future goals

There are no page limits. Use this autobiography to help you reflect on your candidacy, as well as to help us know more about you.

The autobiography is due seven days prior to your pre-application interview with HPA in hard copy or through Coursesites. Please include your name at the top of every page.