Question of the Week: Full-Time Shadowing This Summer

Shadowing is a great way to experience medicine. For many students, the experience of seeing doctors and nurses in action can be both intimidating and exciting. It can be daunting to talk to doctors or shadow other students. However, shadowing is valuable experience that can make your medical school application much more compelling. In addition, shadowing is a way to learn more about your own career goals and what you want to do in medicine. Shadowing can also be a way to learn about health care delivery in the United States, and the challenges that doctors and nurses face in their work.

Question: How do I get started shadowing? Is this sufficient clinical experience for medical school applications?

Answer:

To get started shadowing, you can talk to your family doctor, a family friend, or a medical school alumnus. You can also talk to your guidance counselor, your premed advisor, or the premed office at your school. To learn more about shadowing, you can check out the AAMC’s Shadowing Program. You can also read about the benefits and responsibilities of being a part of the health care team, even if your role is as simple as making sure that beds are made and patients have water. Additionally, shadowing is largely a passive experience with something more hands-on.

To complement the insights gained from shadowing, you can learn about the field, the people, sample curricula, and more! The “Why Medicine?” Answer (courtesy of McGraw Hill) is a great resource for understanding the field of medicine. Additionally, you can connect with your fellow health students.. Please email us by Wednesday at 5pm if you want to find out how to get a pass to attend!

HPA Fall 2017 Medicine and Health

May 22, 24, 25 • 1:00pm
Applicant Workshop: Selecting Schools

May 9 • 10:00pm • 329 Frist Campus Center • HPA Sophomore Success Seminar: Application Preview

May 9 • 5:00pm • Frist MPR • HPA Sophomore Success Seminar: Mock Admissions Committee

May 5 • 3:30pm • 120 Lewis Library • The “Why Medicine?” Answer (courtesy of McGraw Hill)

May 2 • 2:00pm • 111 Princeton Medical School Building • HPA Sophomore Success Seminar: How to Get Into Medical School

May 1 • 7:00pm • The Princeton University Club • HPA Sophomore Success Seminar: Globe Trotting with Med School Alumni

May 1 • 5:00pm • 40 University Place, Suite 230 • HPA Sophomore Success Seminar: HPA 101: Overview of HPA’s Website

May 1 • 1:00pm • Thomas R. McLean Health Sciences Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 30 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 30 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: What to Do and What to Avoid When Applying to Medical School

May 30 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: How to Get Into Medical School

May 29 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: How to Get Into Medical School

May 29 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: How to Get Into Medical School

May 29 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: HPA 101: Overview of HPA’s Website

May 28 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: HPA 101: Overview of HPA’s Website

May 28 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: HPA 101: Overview of HPA’s Website

May 28 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 27 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 27 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 27 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 26 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 26 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 26 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 25 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 25 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 25 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 24 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 24 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 24 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 23 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 23 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 23 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 22 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 22 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 22 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 21 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 21 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 21 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 20 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 20 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 20 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 19 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 19 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 19 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 18 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 18 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 18 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 17 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 17 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 17 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 16 • 11:00am • Environmental Science Building • HPA Sophomore Success Seminar: The Scholar’s Environment

May 16 • 10:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment

May 16 • 9:00am • RBSB 203 • HPA Sophomore Success Seminar: The Scholar’s Environment